



## ***Infant Loss Support Resources***

### **Counseling:**

***Catholic Charities Family Services*** offers a variety of therapy services including grief and loss counseling after a miscarriage, stillbirth etc. Some insurance plans are accepted and clients can also pay for therapy sessions on a sliding scale based on family income and size. Therapy services are offered at a variety of locations throughout Northern Virginia. Call the Intake Coordinator for an appointment: (703) 425-0109 [http://www.cda.net/programs\\_family.php](http://www.cda.net/programs_family.php)

***Alpha Omega Clinic*** is a Catholic therapy center that offers a variety of services including grief and loss counseling after a miscarriage, stillbirth etc. Clients pay for therapy sessions on a sliding scale based on family income and size; some insurance companies may be able to reimburse therapy costs. Therapy services are offered at several locations including Fairfax, Alexandria, Bethesda, and Ellicott City. Call the Intake Coordinator for an appointment: (301) 767-1733  
<https://aoclinic.org/>

[ADD IN LAURA RICKETTS RESOURCES](#)



### **International and National Support Organizations\***

***Benjamin Ministries*** – resources and bereavement packages  
[www.benjaminministries.org](http://www.benjaminministries.org)

---

\*If you are aware of other organizations who provide assistance in Infant Loss, please contact Divine Mercy Care to recommend that they be added to our list of recommended resources.

### ***Be Not Afraid***

A private non-profit corporation whose mission is to provide comprehensive, practical, and peer-based support to parents experiencing a poor prenatal diagnosis and carrying to term.

<https://www.benotafraid.net/>

### ***Elizabeth Ministry International***

Offering hope, help, and healing on issues related to relationships, sexuality, and childrearing and many resources

<https://www.elizabethministry.org/>

Centering Grief Resources (including Bookstore) <https://centering.org/free-grief-books/infant-loss-resources.html> Books are available in English and Spanish

My Forever Child – Remembrance Jewelry and Keepsakes <https://myforeverchild.com/>

Supporting Mamas <http://supportingmamas.org/miscarriage-and-infant-loss/>

### ***Focus on the Family***

<https://www.focusonthefamily.com/pro-life>

***Healing Hearts*** – grief resources and healing gifts

<http://babylosscomfort.com/grief-resources/>

*If you need immediate support, please call First Candle: 1-800-221-7437 (Counselors are available 24/7)*

### ***Heaven's Gain Ministries and Baby Loss Comfort***

These groups specialize in providing services and products for families suffering the loss of a child through miscarriage, stillbirth, or infant death.

<https://heavensgain.org/> and <http://babylosscomfort.com/>

### ***Morning Light Ministry***

Offers over-the-phone, one-on-one, or group support and informational materials.

<http://morninglightministry.org/>

### ***National Catholic Bioethics Center (NCBC)***

Clergy and parent resources and phone consults.

[www.ncbcenter.org](http://www.ncbcenter.org)

### ***National Memorial for the Unborn***

Ways to honor your child and find resources.

<https://www.memorialfortheunborn.org/>

---

\*If you are aware of other organizations who provide assistance in Infant Loss, please contact Divine Mercy Care to recommend that they be added to our list of recommended resources.

## **Noah's Children**

Central Virginia's only pediatric palliative care program.

<http://www.noahschildren.org>

## **Perinatal Hospice & Palliative Care**

Offers resources, online forums, remembrance photography sites

[www.perinatalhospice.org](http://www.perinatalhospice.org)

## **Prenatal Partners for Life**

Offers support by connecting parents facing an adverse diagnosis with other parents who have had the same diagnosis. Prenatal Partners for Life is a group of concerned parents (most of whom have or had a special needs child), medical professionals, legal professionals and clergy whose aim is to support, inform and encourage expectant or new parents. We offer support by connecting parents facing an adverse diagnosis with other parents who have had the same diagnosis. We have many resources such as adoption agencies with clients waiting to adopt and love a special needs child should a parent feel they could not care for them. We believe each child is a special gift from God. Contact: (763) 772-3868 [mary@prenatalpartnersforlife.org](mailto:mary@prenatalpartnersforlife.org) <http://www.prenatalpartnersforlife.org/>

## **Shrine of Holy Innocents - Book of Life**

<https://shrineofholynnocents.org/shrine-of-the-unborn>

## **Trisomy 18 and Trisomy 13 information:**

- **International Trisomy Alliance** <https://www.internationaltrisomyalliance.com/>  
Provides free booklets, including, "Preparing For Your Baby's Arrival" and other research publications
- **S.O.F.T. Support Organization** for Trisomy 18, 13, and related disorders — Trisomy 13 (Patau Syndrome), Trisomy 18 (Edwards Syndrome), triploidy, and others. SOFT is a network of families and professionals dedicated to providing support and understanding to families involved in the issues and decisions surrounding the diagnosis and care in Trisomy 18, 13 and other related chromosomal disorders. <https://trisomy.org/>
- **Trisomy 18 Foundation** <https://www.trisomy18.org/> Offers several online forums and a private Facebook group
- **Living with Trisomy 13** - <http://trisomyblog.blogspot.com/> Support organization



---

\*If you are aware of other organizations who provide assistance in Infant Loss, please contact Divine Mercy Care to recommend that they be added to our list of recommended resources.

## Funeral Home, Cremation and Burial Resources in Virginia

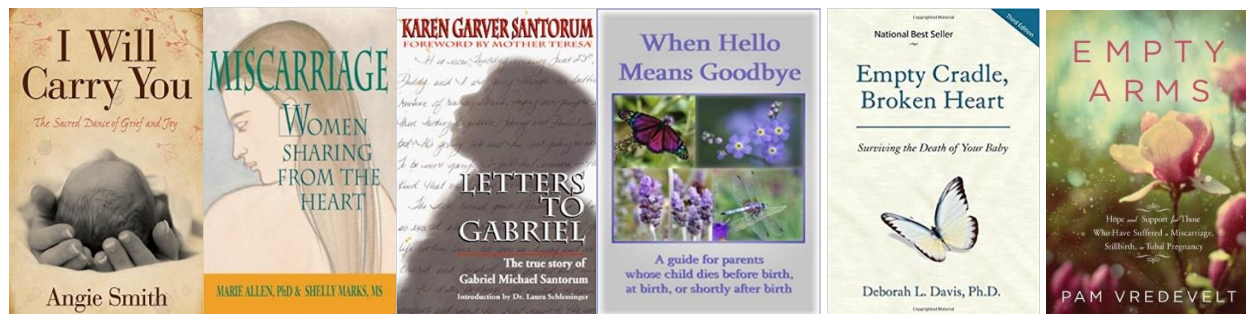
We recommend that patients contact **A Mom's Peace** for all in-depth questions regarding funerals, burials, and the transfer of baby's remains. They offer a very compassionate and deep understanding of the burial process. You may contact Kara Palladino at (571) 781-2419 or [info@amomspeace.org](mailto:info@amomspeace.org)

**Fairfax Memorial Funeral Home** – <https://www.fairfaxmemorialfuneralhome.com/>  
Phone (703) 425-9702

**Money and King**, Vienna, VA - <https://www.moneyandking.com/>  
Phone (703) 938-7440

**Enders and Shirley** <http://www.endersandshirley.com/>  
Clark County – Berryville – Phone (540) 955-1062  
Frederick County – Stephens City – Phone (540) 869-1563

**Jones Funeral Home** - <http://www.jonesfuneralhomes.com/>  
Serving Winchester and Stephens City – Phone (540) 662-2523



## Books (Most available on Amazon)

1. Allen, M., and Marks, S., Miscarriage - Women Sharing from the Heart. John Wiley and Sons, New York, 1993.
2. Blanford, Cathy, Something Happened: A Book for Children and Parents Who Have Experienced Pregnancy Loss. Something Happened Handbook, 2012
3. Cushman, Erin, Anchored - A Bible Study for Miscarriage, Stillbirth, and Infant Loss. Westbow Press, 2016.
4. Davis, PhD, Deborah L., Empty Cradle, Broken Heart. Fulcrum Publishing, Golden, CO. 1996.
5. Deymaz, Linda, Mommy, Please Don't Cry: There Are No Tears in Heaven. Multnomah, 2003.
6. Eshlman, Melissa, Always Within – Grieving the Loss of Your Infant. Find Your Way Publishing, 2011.
7. Hayford, Jack, I'll Hold You in Heaven, Chosen Books, 2003.
8. Ilse, Sherokee., and Burns, Linda H., Miscarriage: A Shattered Dream, Wintergreen Press, Long Lake, MN, 2006

---

\*If you are aware of other organizations who provide assistance in Infant Loss, please contact Divine Mercy Care to recommend that they be added to our list of recommended resources.

9. Ilse, Sherokee, *Empty Arms – Coping with Miscarriage, Stillbirth, and Early Infant Death*. Wintergreen Press, Inc, 2012.
10. Judice, Chad, *Waiting for Eli*. Acadian House Publishing, 2010; [www.waitingforeli.com](http://www.waitingforeli.com)
11. Kirk, Paul and Scheibert, Pat, *When Hello Means Goodbye - A guide for parents whose child dies before birth, at birth or shortly after birth*. Grief Watch, 2012.
12. Kuebelbeck, Amy, *Waiting with Gabriel: A Story of Cherishing a Baby's Brief Life*, Loyola Press, 2008.
13. Kuebelbeck, Amy, *A Gift of Time: Continuing Your Pregnancy When Your Baby's Life Is Expected to Be Brief*. Johns Hopkins University Press, 2011
14. Philpott, PhD, Sara, *Loved Baby: 31 Devotions Helping You Grieve and Cherish Your Child after Pregnancy Loss*. Broadstreet Publishing Group, LLC, 2017.
15. Pizer, Hank, and Palinksi, C. O. *Coping with Miscarriage*. New American Library/Plume Books, 1982.
16. Santorum, K., *Letters to Gabriel – the True Story of Gabriel Michael Santorum*, CCC of America, 1998.
17. Schweibert, Pat, *We Were Gonna Have a Baby, But We Had an Angel Instead*, Grief Watch, 2003
18. Smith, Angie, *I Will Carry You – the Sacred Dance of Grief and Joy*. B&H Books, 2010.
19. Vredevelt, Pam, *Empty Arms: Emotional Support for Those Who Have Suffered a Miscarriage, Stillbirth, or Tubal Pregnancy*. Multnomah, 2001.
20. Wenzel, PhD, Amy, *Coping With Infertility, Miscarriage, and Neonatal Loss: Finding Perspective and Creating Meaning*. American Psychological Association (APA), 2014.
21. Whittington, Nancy Mayer, *For the Love of Angela*, St. Catherine of Siena Press, 2007.
22. Wolfelt, PhD, Alan, *Healing Your Grieving Heart After Miscarriage: 100 Practical Ideas for Parents and Families*. Companion Press, 2015.
23. Wunnenberg, Kathe, *Grieving the Child I Never Knew*. Zondervan, 2015.

## **Pamphlets**

1. *A Place to Remember*, de Ruyter-Nelson Publications, Inc., 1885 University Avenue, Suite 110, St. Paul, MN 55104. [www.aplacetoremember.com](http://www.aplacetoremember.com).
2. *Miscarriage, A Book for Parents*, Project Rachel/Gabriel Project, [www.arlingtondiocese.org/offices/rachel](http://www.arlingtondiocese.org/offices/rachel) , 1-888-456-HOPE
3. *Miscarriage, A Man's Book*, Project Rachel/Gabriel Project, [www.arlingtondiocese.org/offices/rachel](http://www.arlingtondiocese.org/offices/rachel), 1-888-456-HOPE
4. *Stretched in Love: Hospice of the Womb*, Maura Harrison, Prayerful Gifts Publishing, Fredericksburg, VA, 2010, [www.prayerfulgifts.com](http://www.prayerfulgifts.com).
5. *When Hello Means Goodbye*, Perinatal Loss Project, 2116 N.E., 18<sup>th</sup> Ave., Portland, OR 97212-2621, 503-284-7426
6. Elizabeth Ministry, International has English and Spanish publications available, including: *Children Die, Too; Miscarriage, a Book for Parents; Mourning a Miscarriage; and Suffering a Stillbirth or Newborn Death*. <https://www.elizabethministry.org/>
7. EWTN Devotional Prayers - <http://www.ewtn.com/Devotionals/prayers/miscarriage.htm>

---

\*If you are aware of other organizations who provide assistance in Infant Loss, please contact Divine Mercy Care to recommend that they be added to our list of recommended resources.

8. Prenatal Partners for Life offers numerous pamphlets in English and Spanish, including: *Hope; Our Baby Died & Went to Heaven; and Prenatal Testing.*  
<http://www.prenatalpartnersforlife.org/>
9. *Gift of a Lifetime*, Tammy Tate, RN, LCPC, Focus on the Family,  
<https://www.focusonthefamily.com/pro-life/pre-born>
10. *My Child, My Gift: A Positive Response to Serious Prenatal Diagnosis*  
<https://www.mychildmygift.com/blank-c66t>

## **Local Support Organizations (more details on the following pages)**

### ***Embracing Grace Peer Ministry***

Peer-to-Peer support, information, and guidance within Perinatal Hospice model of care  
Contact: (540) 809-9901 [peer@embracinggraceva.org](mailto:peer@embracinggraceva.org) For more information, visit:  
[www.embracinggraceva.org](http://www.embracinggraceva.org)

### ***Filumena Birth & Bereavement***

The mission of Filumena Birth and Bereavement is to serve, support, and inform mothers and families who experience miscarriage, later-term miscarriage, or stillbirth, and to educate and inform health care professionals, pregnancy help providers, and clergy so they may better serve families who experience the loss of a preborn child. Contact: (540) 514-1607 [filumenabirth@gmail.com](mailto:filumenabirth@gmail.com)  
<https://www.filumenabirth.com/>

### ***Now I Lay Me Down to Sleep – Remembrance Photography***

[www.nowilaymedowntosleep.org/](http://www.nowilaymedowntosleep.org/)

### ***A Mom's Peace (Mothers of Miscarried & Stillborn Souls)***

Supports families of miscarried and stillborn souls with bereavement, burial, and remembrance assistance. Contact: (571) 781-2419 <http://www.amomspeace.org/>

### ***Divine Mercy Care Infant Loss Support***

Contact: (703) 934-5552 [www.divinemercycare.org](http://www.divinemercycare.org)

DMC's Infant Loss Support program includes education and material support as well as an annual Interdenominational Infant Memorial Service. If you would like to receive a certificate of life for your child or have their name written in the Book of Life, email [info@divinemercycare.org](mailto:info@divinemercycare.org).



---

\*If you are aware of other organizations who provide assistance in Infant Loss, please contact Divine Mercy Care to recommend that they be added to our list of recommended resources.